



WHAT'S Your guide to activities, CIUDS and Communication CIUDS and CI clubs and events in the borough





Waltham Forest News

Your Council keeping residents informed

www.walthamforest.gov.uk

Issue 61, 5 March 2012

Cash boost for leisure centres



Major refurbishment of all leisure centres in Waltham Forest starts in September

Residents will see their local leisure centre getting a major health kick thanks to the signing of a new leisure management contract.

The 25-year deal with GLL, the Council's leisure services provider, will see one of Waltham Forest's leisure centres completely rebuilt, one thoroughly overhauled and the remaining three refurbished as part of the exciting new deal.

Major changes include a new and improved Waltham Forest Pool and Track, which will include a climbing wall, two new five-aside football pitches and an array of fantastic new kids' facilities. The swimming pool, diving zone, gvm and athletics track will all be refurbished.

Cathall Leisure Centre. meanwhile, is set to be extended and refurbished, with a new sports hall, larger fitness suite, new studio and ICT suite. Elsewhere, Levton Leisure Lagoon will be refurbished and improved while both Larkswood Leisure Centre and Kelmscott Leisure Centre will also be refitted.



Chris Robbins, Leader of Waltham Forest Council, told Waltham Forest News: "This is a fantastic result for local people and it seems very fitting that we're making this announcement during the Olympic Year.

"This new contract shows how we can still get a great deal for our residents even in a bad economy. The facilities will be better than ever before, and there'll also be some exciting new additions.

"Providing better leisure opportunities for our residents is a key part of our regeneration plan, along with improving the streets and bringing in higher-quality shops. This is the latest major leisure boost we've been able to secure for our borough. When you combine it with the multi-million pound refurbishment of the William Morris Gallery; the complete redevelopment of Lloyd Park and the injection

of Olympic funding into our green spaces, our residents truly have a lot to be excited about when it comes to spending their free time in Waltham Forest.'

More info

To find out more about leisure opportunities in Waltham Forest. visit www.walthamforest.gov. uk/sport-and-leisure. Free internet access is available at all libraries in the borough.



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Community that cares

Are you an overstayer in the UK or a failed asylum seeker? If so you may be eligible to apply for a Visa under the Human rights Act.

- Free initial advice session (if you bring this advertisement)
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We process all UK Visa applications

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News

In my opinion

Lyn Brooks

Resident, Walthamstow



I'm a retired train driver and live in Walthamstow. Last year I successfully quit smoking and I want to share my story and hopefully inspire anyone who wants to quit this No Smoking Day.

I haven't smoked since 21 January 2011 – I remember the date! I tried to stop smoking lots of times before but never managed it, even when I was diagnosed with lung disease. Then I got pneumonia in 2010 and was very ill, but I still kept smoking when I left hospital.

My sister and her daughter were so shocked at how ill I'd been that they went to the Stop Smoking Service. I thought: 'if they can do it, I should too'.

I made a few enquiries and joined a stop smoking group. It was just round the corner from my house so it was really handy. It was very relaxed and I met a good group of people. I was impressed with the whole thing and felt really hopeful I would quit for good.

I used patches and an inhalator, and we dumped all our smoking paraphernalia. I was surprised how easy it was to give up this time round.

Quitting as part of a group really worked for me – I don't think I would have done it on my own. I was amazed how quickly I felt so much better, and my lung condition is under control now. My wife gave up smoking many years ago and she's relieved I've quit too.

No Smoking Day takes place on Wednesday 14 March and over a million smokers are likely to try and quit starting on this day.

If you want to quit smoking and feel spurred on by No Smoking Day, I would recommend talking to the Stop Smoking Service. It made all the difference to me.

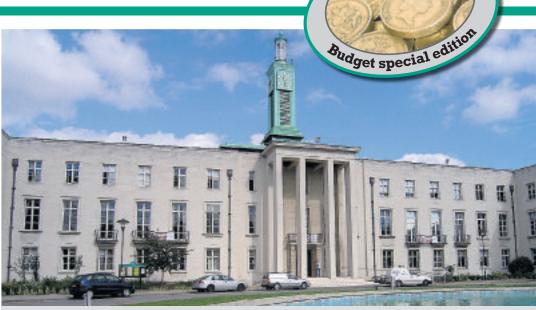
This month the Waltham Forest Stop Smoking Service will be at:

- Whipps Cross Hospital canteen Thursday
 8 March, 11am-2pm
- Walthamstow Shopping Mall, Selborne Walk, No Smoking Day, 14th March 10am-5pm

Come along, meet advisors and get advice and support to quit. Smokers who sign up will get a free goodie bag. Whenever you want to quit, contact the Stop Smoking service on 020 8276 7158 for support, or ask your local pharmacist or GP.

Want to have your say?

If you live or work in Waltham Forest, have something you'd like to get off your chest, and can do it in around 300 words; Waltham Forest News wants to hear from you. Email the Editor at: walthamforestnews@walthamforest.gov.uk and tell us what you'd like to write about.



The Council has worked to make £45.7 million savings between 2011 and 2013

Making savings

- Council on track to deliver £45.7 million savings between 2011 and 2013
- Four-year budget strategy based on biggest ever conversation with residents in 2010

Last March the Council agreed a budget containing the biggest package of savings it ever had to introduce in Waltham Forest.

Like many ordinary people living in the borough the Council has felt the effects of government spending cuts and regrettably there have been jobs cuts, changes to much-respected services and the loss of facilities like the Council's one-stop shops.

The Council has had to make savings across the board, but made a strong commitment to protect and invest in services residents rely on.

Over the past year the Council has lowered costs by cutting Councillors' pay by five per cent saving £372,000 a year. All Council staff have had their pay frozen for another year and the Chief Executive's salary has been cut by 10 per cent since 2010.

The number of Cabinet Members has been reduced, the number of Council meetings has been cut and almost Ω2 million will be saved on staff terms and conditions.

The Council is saving almost £850,000 by using less buildings and moving staff out of Silver Birch House in Walthamstow and into other existing offices. The Council's one-stop shops were also closed, with their services being provided in libraries instead.

But most of the Council's budget is spent on social care for children and adults, so in every area the Council is trying to be more efficient and sharing services with other Councils rather than target front line services.

The savings made so far were possible because the Council got to work early when government spending cuts were first announced in 2010.

Because of the unprecedented scale of the cuts the Council asked residents for their views in the Make it Count conversation in October 2010.

Residents' top priorities were community safety, clean streets and making sure that every penny of Council money is spent wisely. These priorities are reflected in the investments made in the budget and in the decisions made about where to save money.

Waltham Forest Council Leader, Chris Robbins, told Waltham Forest News: "Over the past two years we've been forced to make some really tough decisions to protect the services people said are most important.

"But the truth is we had to look at extensive savings across all services and take decisions on where our limited money can be spent. Where we have had to cut services we will ensure the money we spend is focussed on the priorities you have said are most important."

More info

You can read more about how savings have been found while protecting the services residents rely on by turning to the 'Priorities' page on p4.

Waltham Forest News

Editor: Jenny England

Waltham Forest News wants to hear from people in the local community. If you have a story that you'd like us to cover, email walthamforestnews @walthamforest.gov.uk or call 020 8496 3000.

Advertising and promotional enquiries: Eva Jaber, 020 8496 3000 (press 6) advertisingwfn@walthamforest.gov.uk

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Maintaining services

- Careful spending allows Council to invest in services residents' value most
- · Extra cash made available for regeneration, tackling unemployment and more



Last year extra money was invested in clearing filthy front gardens. Hundreds of gardens were tidied up with the owners made to pay

Despite having to find savings of over £65 million by 2015, Waltham Forest Council has set aside additional funding for a number of important projects and services and has also frozen Council Tax for the fourth year running.

Last year the Council invested extra cash in additional police officers. more street cleansing, antigangs work, cleaning up filthy front gardens, opening schools for summer, free

activities for under 17s and over 60s and extra recycling.

These investments have already paid dividends with the Council's gangs' project receiving national recognition and helping tackle gang membership head-on, recycling rates improving and over 3,500 young people taking part in free and low cost activities in the schools open for summer and summer university schemes in 2011.

This year the Council will invest extra money in tackling

Additional money will be made available in 2012/13 for:

- · School investment £1 million over two years
- Tackling unemployment £125,000.
- Schools Open for Summer and Summer University £130,000.
- Food and garden waste weekly collections £350,000.
- · Washing pavements in town centres £25,000.
- Implementing a zero tolerance approach to anti-social behaviour in public places - £106,000.
- Activities for over 60s £50,000.
- Free swimming year round and swimming lessons for under 18s - £180,000.

unemployment, school improvement, regeneration of town centres, extending the schools open for summer and summer university programmes, weekly collection of garden and food waste, intensive cleaning of pavements in town centres, implementing a zero tolerance approach to antisocial behaviour, activities for retired people, free swimming for under 18s and subsidised swimming lessons.

Many of these work hand

So why not take your

chance to see some top-

drawer sports men and

women in action and visit the

Olympic Park just months

before the Games begin.

Synchronised Swimming

Qualifier presented by Visa.

Visa International Invitational

Hockey Tournament, Fton

Manor Wheelchair Tennis

Ticket prices will vary

depending on which event

International and Visa Water

Tickets will be available

for the FINA Olympic Games

in hand, with regeneration, tackling unemployment and cleaning up streets working together to improve the look and feel of the area and encourage businesses to invest long-term in the borough.

More info

You can read more about some of these projects throughout this special budget edition of Waltham Forest News.

Test event tickets

Residents can experience the atmosphere of the Olympic Games early by applying for tickets to four fabulous sporting events.

The London Prepares series will see world class athletes taking part in Olympic qualifying and international events at venues within the Olympic Park in

You will have the chance to purchase tickets to the general public using a special residents of the six host



You can see the Great Britain Women's Hockey Team at the Visa

April and May.

events 48 hours before the Waltham Forest priority code when tickets go on sale to boroughs at 9am on Tuesday 13 March.

you would like to attend. More info

Polo International.

To buy your tickets visit www.ticketmaster.co.uk/ londonpreparesseries from 9am on Tuesday 13 March and enter the priority code WFPREPARES.

In brief

BBC Radio 1 Hackney Weekend

Residents are being reminded that they can apply for tickets for BBC Radio 1's Hackney Weekend music event, which takes place at Hackney Marshes on Saturday 23 and Sunday 24 June. The BBC has made a total of 15 per cent of the tickets available for residents of the other five Olympic Host Boroughs, with around 3000 tickets set aside for Waltham Forest residents. The tickets are free, but to be in with a chance you must register by Monday 19 March.

 Apply for tickets by Monday 19 March at www.bbc.co.uk/ radio1/hackneyweekend. Free internet access is available at all libraries in the borough.

Leader's view

CIIr Chris Robbins

Leader - Waltham Forest Council

Last week the Council agreed its budget for next year. While times are still testing for the Council and residents alike, we have set a course of action which will provide Waltham Forest with financial stability for the coming years.



Council Tax has been frozen for the fourth consecutive year and we have met our financial challenges to deliver a balanced, legal budget.

Although in the past year the Council has found solutions to the toughest cuts ever, we will continue to protect and invest in the services you value the most. Where we have to make cuts we will ensure the money we do spend is focused on the services you have told us are most important.

While some of the decisions we have had to make have been difficult, we know residents have got it tough and we need to look at how services can

In the past year we have continued to invest in community safety, fund extra police officers and provide nearly £1 million a year for our anti-gangs strategy. There has also been additional money for recycling and activities for young people over the school summer holidays.

Our plans for the next year include tackling unemployment levels - particularly among young people - providing a higher level of town centre cleanliness and improving recycling schemes. We will also continue to fund extra street cleaners and support the Dirty Front Gardens project.

We will open 50 schools during the summer to offer a wide range of activities for young people, providing a safe place for them and relieving families of the heavy financial commitment of the holidays.

The regeneration of Leyton through the Olympics has been amazing and regeneration plans for Walthamstow Town Centre are already being put into effect. Other areas in the borough will also be given a new lease of life – including plans for Chingford.

I feel strongly that it is part of our job to raise the morale of residents, to make them feel happy in the community and improve their quality of life. We have a brilliant year ahead which sees not only the Olympics but also the Queen's Jubilee to mark and celebrate. Throughout the gloom there is much to look forward to and the Council is going to try to help make this a brilliant year.

Get involved

I'd like to hear from you. I have a page on the website where you can get more information and email me www.walthamforest.gov.uk/leader and you can write to me at the town hall.

Priorities









Spending wisely and making every penny count allows the Council to invest extra money in things like street cleaning, summer activities for children, regeneration and activities for older people

How we're making every penny count

Waltham Forest Council has five key priorities to help improve the lives of residents. In this edition we look at what is being done to drive down costs and make every penny count.

Even before the full extent of the Government's cuts were known, Waltham Forest started working out an ambitious programme of savings. This approach meant the cuts, when announced, were not a surprise and that kneejerk last-minute savings did not have to be found.

A careful, measured approach to the Council's budgeting process has continued, with the Council now on track to deliver £45.7million worth of savings over the next two years.

Given the breadth and depth of the cuts, the Council has always been frank with residents that no area would remain untouched as savings were sought. However, we were also adamant that savings should not come at the expense of frontline services.

As such, we have – wherever

possible – tried to make savings in areas that won't have a knock-on affect for you or your family while channelling money into the services that matter most to you.

In this article we'll aim to shine a spotlight on some areas where savings have been made and how the Council is aiming to make sure every penny of your money counts.

Office space

Employing more than 2000 members of staff means the Council's biggest outlay is inevitably on its staff, covering everything from pay to pensions. Having to save money has sadly meant job losses across the board, along with a three-year pay freeze and changes to terms and conditions (contractual agreements relating to things like holidays, shift work and

overtime) that have saved the Council some £2million and stopped further job losses.

The Council is also involved in an ongoing restructure which has so far seen a reduction in senior-level staff. This has resulted in savings for both the organisation and the taxpayer.

Staffing costs

After staffing, keeping Council buildings open, lit and heated is our next highest cost. With this in mind, the Council began reviewing its office space and where employees were located.

While the Council owns several office buildings, it also rents other locations. The organisation's mission has been to relocate staff to its own offices in order to drive down rental costs and ensure it has fewer buildings on its books, with more people in them.

These moves have included transferring services from a rented property into the former one-stop-shop site on Leyton High Road and moving staff from Silver Birch House in Black Horse Road – a decision that will save the taxpayer some £850,000.

Sharing staff and services

Waltham Forest already shares services and members of staff with several other councils, including Barking and Dagenham, Enfield and Haringey. This means staffing costs can be split between organisations and that by sharing the costs of services or 'bulk-buying' them together prices can be driven down.

This process is set to continue, with services and staff due to be shared with local housing provider Ascham Homes that should see savings of almost \$200,000

Comparing the market

Like everyone else at the moment, Waltham Forest Council has been shopping around to make sure that it's getting the best possible deals in everything it has to buy. In much the same way that you'd compare prices for a new laptop or phone plan, the Council has done its best to get the best deal for goods or services it buys in. For example this year's budget should see savings of £300,000 on the cost of its network provider and another £300,000 on the cost of its printing contract.

Bringing money in

As well as making savings, the Council is also keen to find new funding opportunities to help offset government cuts. The Olympics have already brought in millions of pounds of investment for our streets, parks and shopfronts and the Council has also bid for more than £1million of extra money to help frontline services cope with the additional strain of the Olympics. We are continuing to bid for money to improve community safety, and we are also doing what we can to help charities and community groups apply for external funding

More info

For more information about the different services your Council provides, visit www. walthamforest.gov.uk.
Free internet access is available at all libraries in the borough.

What you say

Residents tell Waltham Forest News what they think the Council should focus on as it makes every penny count.



Doreen Light, Leyton

"I think the Council should prioritise keeping the streets clean and preventing vandalism."



Junvi Chen, Walthamstow

"For me, I think money should be spent on making sure the streets are clean, especially here where it's so crowded and so busy. I also think more money could be spent on bigger play areas for children."



Trev Stewart, Walthamstow

"My main priority would be education. After that it's keeping the place clean. Those two things are definitely where the money should be focused."



Doreen Cardy, Walthamstow

"Something should definitely be done with the Arcade site, preferably including a nice cinema. I think something also has to be done about the High Street – I'd like to see some nicer shops here. I've lived in the area since I was 16 and I remember when it had a lot more to offer."

Council priorities

Protect the most vulnerable

Enable vulnerable adults to have a proper choice over their social care

Provide children and young people with quality education, welfare and health services, including better school buildings

Improve the safety of our community

Find an effective solution to the gang problem

Reduce the level of crime and anti-social behaviour in the borough

Get cleaner and greener

Clean up front gardens, streets and private land in the borough so they match the best in London

Invest in and improve our parks and open spaces for the benefit of all residents

Regenerate our borough

Regenerate our key sites and develop our housing to re-house 50% of those currently living in overcrowded conditions

Help our residents to gain skills to get back into work and support our local businesses

Make the most of the Olympic year

Make the Olympic year an unforgettable celebration for our residents

Achieve a real and lasting impact from the Olympics for our residents

Make every penny count in tough times



Environment

In brief



Named and shamed

Waltham Forest Council is committed to cleaning up the borough and wiping out enviro-crime in Waltham Forest. We will be taking tough action against those people who continue to blight our borough, and will name and shame the people we catch treating our borough like a dumping ground.

The following people and companies have been successfully prosecuted for enviro-crimes:

Who? Emilian Ivasuc

Where from? Walthamstow

The offence? No Waste Carriers Licence

The outcome? £1500 fine, £260 costs and a £15 victim surcharge

Who? Property Link

Where from? Walthamstow

The offence? Breach of advertising regulations

The outcome? £400 fine, £300 costs and a £15 victim surcharge

Who? Yumer Ramadan

Where from? Leyton

The offence? Littering

The outcome? £80 fine and a £15 victim surcharge

Who? East London Estates

Where from? Walthamstow

The offence? Breach of advertising regulations

The outcome? £300 fine, £260 costs and a £15 victim surcharge

Who? Nevzat Mehmet

Where from? Walthamstow

The offence? No Waste Transfer Notes

The outcome? £300 fine, £260 costs and a £15 victim surcharge

Who? Ifthakar Ahmed

Where from? Walthamstow

The offence? Fly-tipping, no Waste Transfer notes

The outcome? £1250 fine, £700 costs and a £15 victim surcharge.

Who? Alexandru Vrincenau

Where from? Wanstead

The offence? No Waste Carriers Licence

The outcome? £350 fine, £300 costs and a £15 victim surcharge

 To find out more about the Council's award-winning 'We're wiping out enviro-crime' campaign visit www.walthsmforest.gov.uk/wipeitout Report an envirocrime by visiting www.walthamforest.gov.uk/report-it or phone Waltham Forest Direct on 0208 8496 3000

Important

information about changes to your food and garden waste recycling service

From Monday 2 April 2012 until Friday 28 September 2012 your food and garden waste will be collected weekly.



From Monday 2 April your brown wheelie bin will be collected every week

Weekly brown bin collections begin

- From Monday 2 April your food and garden waste will be collected weekly instead of fortnightly over summer
- Recycling all food and garden waste now even easier thanks to budget investment

There's good news for residents who want to recycle more because from Monday 2 April your brown wheelie bin will be collected every week, making it much easier for you to recycle all your food and garden waste.

The Council understands that people don't want to leave food waste sitting around during the summer months so until Friday 28 September your brown wheelie bin collections will happen every week. This means there's no excuse not to recycle your food waste as there is less chance of it giving off unpleasant smells.

So next time you're clearing leftovers from the kids' plates or weeding the garden remember that these things should be recycled in your brown wheelie bin, and not thrown away in your

black wheelie bin. Your brown bin will continue to be collected on the same day as it currently is.

Cllr Clyde Loakes, Cabinet Member for Environment, told Waltham Forest News: "Residents have always said they want to be able to recycle more and introducing weekly brown bin collections means it will be much easier to recycle all food and garden waste.

"Not only is recycling food waste much better for the environment but it will also help the Council achieve the recycling targets set for us by government and save money by reducing the

amount of landfill tax the Council has to pay."

Allocating money to collect food and garden waste weekly over the summer is just one of the investments the Council has prioritised in this year's budget and is a direct response to residents' requests to be able to recycle more.

You should put all food waste - except bones - and garden waste such as grass cuttings, leaves and plants in your brown bin. To help transfer food waste to your brown bin you can order a free 'kitchen caddy' from the Council.

If you currently do not have a brown bin or kitchen caddy you can contact the Council to order one. Residents can also consider sharing a brown bin with a neighbour, just phone the Council to find out more.

Brown, black and green wheelie bin collections will remain on your current days. All homes that could have a brown bin will be sent a leaflet explaining the weekly collections.

And in another bit of good news, the Council has again stated its commitment to keep weekly collections of refuse and recycling and not change to fortnightly collections, as many other Councils have.

You can recycle:

- All food, cooked or
- uncooked, except bones.

 Fruit and vegetable peelings
- and plate scrapings.Egg shells.
- Tea bags and coffee grinds.
- Flowers.
- · Garden prunings and weeds.
- · Grass clippings.
- Your brown bin will continue to be collected on the same day as it currently is.

More info

For more information visit www.walthamforest.gov. uk/rubbish-recycling or phone 020 8496 3000.

Bulky waste collections

- Council offers residents unlimited free collections for large waste items
- Just pick up the phone to arrange your collection



Despite having to manage its budget very carefully, the Council is continuing to give residents what they asked for and is investing

money in keeping Waltham Forest looking its best.

Residents are reminded that there's no need to fly-tip, hoard rubbish or make your front garden a dumping ground as the Council offers free unlimited collections for those items that can't be binned, recycled or crammed in the boot of the car to be taken to the local tip

The bulky waste service is easy to use and also helps the Council save money because picking up waste via appointment is cheaper than sending a special team to clear away potentially dangerous fly-tipping.

Bulky waste collections are organised on an area basis and can take place up to 10pm Monday to Friday. The

bulky collection service is not a house or garden clearance service and when booking your collection you will be asked to describe the items vou want taken awav.

There are some items that the Council simply can't collect such as trade waste, asbestos, rubble, clinical waste, gas cylinders and other risky items.

So if you've got a large item to dispose of just phone and arrange your free collection today.

Your bulky waste will be collected within six working days of your call.

In brief



Apply for free market stalls

As part of the redesign of Walthamstow Market residents are being offered the chance to apply for a free stall on a new section of the market. The St James Street end of the market is to become an exciting new shopping hub every Saturday from 31 March. Shoppers will find a fantastic array of new and different stalls, including street-food, ethnic food, antiques, 'upcycled' products, retro, vintage, arts, crafts, gifts and more. New stallholders will receive three months rent free and a further three months half price. The applications are open to all, though the Council is looking for something new and different. Rather than stalls that will come and go, the Council is looking for traders to stay and help the market grow and improve. The application process is competitive, and the Council will choose only the highest quality stalls. The deadline for applications is Monday 12 March at 12 noon.

• For more information, and to apply, visit www.walthamstowmarket.com. Free internet access is available at all libraries in the borough

Bulky waste collection days:

Monday Chingford Green Endlebury Hatch Lane Valley

Tuesday Chapel End Hale End and Highams Park Higham Hill Larkswood

Wednesday High Street Hoe Street Markhouse

William Morris

Thursday Forest Lea Bridge Leyton Wood Street **Friday** Cann Hall Cathall Grove Green Levtonstone

More info

For more information visit www.walthamforest.gov.uk/bulky**collections.** To request a collection phone 020 8496 3000 or email wfdirect@walthamforest.gov.uk.



Walthamstow Market is changing

There have been some major works to Walthamstow Market over the last few months and the new look Walthamstow Market will be launching on Saturday 31 March featuring "Saturday at St James Street" at the bottom end of the High Street. The new look market will include a variety of new stalls:

- Street-food
- **Antiques**
- Retro/vintage
- Gifts
- Ethnic food
- Upcycled products
- Arts and crafts

The launch on Saturday 31 March will showcase the new stalls, and there will be live entertainment for everyone to enjoy.

In anticipation of the new look market, temporary markets will be visiting Walthamstow town square, at the top end of the High Street, in the weeks leading up to the launch offering you something different every week. Keep an eye on the website www.walthamforest.gov.uk/walthamstow-market for more information about this.

For more information phone **020 8496 3000** or visit www.walthamforest.gov.uk/walthamstow-market



What's On



Your Council is putting on six fantastic free events for residents with something exciting for everyone to enjoy. Our next event is Party on the Pitch on Saturday 19 May, at Leyton Orient Football Club. Party on the Pitch will get your heart pumping and your feet dancing to a line up UK top 40 acts. Application for tickets will be open from 12 noon on 20 February. Tickets are free but you must be registered. Visit www.walthamforest big6.co.uk to apply.

Sports and fitness

Blackhorse and Standard Women's Morris Dancers

Wednesdays, 8-10pm.
St Gabriel's Family Centre,
Havant Road, E17 3JF.
A fun and friendly way of keeping
fit whilst learning traditional English
morris dancing. No experience
necessary, just come along and
have a go. Musicians (male or
female) also welcome. First term
free to new members.

Visit www.blackhorseandstandard. org.uk or phone 020 8527 2926 for further information.



Free hockey taster sessions

Tuesdays, 7-8pm Under 16s
Tuesdays, 8-10pm Ladies
Wednesdays, 8-10pm Men.
Walthamstow Academy,
Billet Road, E17 5DP.
As part of Give it a Go 2012,
Waltham Forest Hockey Club is
offering 6 hours of free hockey.
Why not try a new sport or
rediscover one you once loved.
There are sessions suitable for

people of every age and ability. Free of charge.

Phone Philippa Leguen de Lacroix on 020 8807 0870 or email chair@walthamforesthc.co.uk for more information.

Bollywood Fusion

Every Wednesday, 7-8pm.
Leyton Sixth Form College Sports Hall.
Bollywood dance class for all women.
For further information,
including prices, please
phone 07830455823.

Heathcote Table Tennis Club

Every Thursday, 5-6pm.Leyton Sixth Form College Sports Hall.
Table Tennis club for all to come and play.

For further information including prices please phone Fred on 07719 875880.

Meridian Gymnastics Club

Every Saturday, 9.15am-12pm. Leyton Sixth Form College Sports Hall. Gymnastics session for 5 and 6 year olds at 9.15-10.15am, 7+ year olds at 10-11am, advanced group 10am-12 noon.

Phone Leyton Sixth Form Sports Centre on 020 8928 9130 or Jim Howell on 07825 586238.

Waltham Forest Gators Swimming Club

Monday, Wednesday and Friday, 6-8pm.

Waltham Forest Pool and Track. Learn to swim from 4-5, competitive training and masters Swimming. Fully qualified coaches, ASA affiliated. If you would like to join please contact the membership security to arrange your free assessment session.

For more information phone 07535 207 977, email swimming@bwfsc-gators.org.uk or visit www.bwfsc-gators.org.uk.

Adult volleyball training

Every Thursday, 8-10pm Leyton Sixth Form College. For all adults who have core basic skills.

For more information visit www. walthamforestvolleyball.co.uk

Kundalini Yoga

Mondays, 4.45-6.15pm.

The Health Works, 111a Hoe Street (entrance in Cairo Rd), E17 4RX. Kundalini Yoga for all levels. Achieve better health and a more relaxed state of mind. £15 per class (concession available). Discount if six class pass purchased.

Phone 020 8503 7794 or visit www.thehealthworks.co.uk.

Karate Classes for All

Waltham Forest Pool and Track, Larkswood Leisure Centre, The Peter May Sports Centre, Forest School. Classes run seven days per week during evenings and weekends. There is a free trial class for everyone at all of the centres above.

Visit www.Karate-London.co.uk or phone 0845 4303 007.

Women only Zumba

Tuesdays, 7.30-8.30pm.
St Andrews Church,
St Andrews Road E17 6RA.
Thursdays, 7.30-8.30pm.
Harmony Hall 2A Truro Road
Walthamstow E17 7BY.
Saturdays, 10.30-11.30am.
St Andrews Church,
St Andrews Road E17 6RA.
£5 per class or £24 for 6 weeks.
Concessions available for
students and over 60 and those
on benefits at £4.

For more information phone
Jackie on 0771 733 0993 or visit
www.vibe-wellness.co.uk

Seated aerobic exercise

Mondays, 10.30-11.30am. Higham Hill Pavillion. Hecham Road E17 5 QT. Mondays, 4.30-5.30pm. Larkswood Leisure Centre Larkswood Leisure Park, New Road Chingford E4 9EY. Fridays, time TBC. Langthorne Park Adizone 51 Birch Grove, Leytonestone E11 4YG. Community fit club is seated aerobic exercise aimed at OAPs, people returning to exercise, or people recovering from illness wishing to take part in gentle exercise. Everyone is welcome. There is a £2 entrance fee. For more details phone 07956 552748

Tell us what's on

walthamforestnews@ walthamforest.gov.uk

Clubs and community

The Soul Project Star Wars Event

Sunday 11 March, all day
The Soul Project/ Tumble in the
Jungle, 245 Wood Street, E17 3NT.
At The Soul Project we'll be having
a special Star Wars event. Come
dressed in your best Star Wars outfits
and have loads of fun at our fantastic
soft-play area, which will be open as

normal with a Star Wars twist. Fancy dress is optional but encouraged. Entry £3.50 Children and £1 adults. For more information phone 0870 626 0712, e-mail kimble@ thesoulproject.com or visit www.tumbleinthejungle.co.uk.

Waltham Forest Bilingual Group

Sunday 24 March, 3.30-5.30pm.
The Limes Community Centre,
Walthamstow.

Multilingual drop-in session. Chat with parents in other bi or multilingual families while your children play. All welcome, no need to book. For more info see



Speed Acquainting Event

Thursday 22 March, 8-10.30pm.
Orford House Social Club,
73 Orford Road, E17 9QR.
Looking for an easy way to meet
more people in your local area?
This event could be for you! It works
a bit like speed dating but is more
of a social event for anyone living
in and around Walthamstow in their
30s to 50s who simply want to
meet more people. Entry costs £8.
For more information visit www.
speedacquainting.co.uk or email
speedacquainting@gmail.com.

Community local produce stall

Every Saturday, 11am-3pm.
St John's Church, Church Lane,
Leytonstone (between the church and
Matalan, just off the High Road).
A stall selling delicious, locally grown
organic fruit and vegetables, and other
local produce. A partnership between
Organiclea and Transition Leytonstone.
For more information email
info@transitionleytonstone.org.uk
or phone 020 8556 0885.

Table top sale Saturday 17 March, 10am-1pm.

Saturday 17 March, Toam-tpm.

1 Shernhall Street,
Walthamstow, E17 3EA.
The Friends of Holy Family Technology
College are holding their spring indoor
table top sale. Refreshments and
home made cakes for sale too.
Tables are £15 (reduced to £10
if prepaid before the event).
To book a table, email t.friends
@holyfamily.waltham.sch.uk
or phone the school office
on 020 8520 0482.

Leytonstone Green Drinks

Thursday 15 March, from 8pm.
The Old Red Lion, 640 High Road,
Leytonstone E11 3AA.
Are you green and eco-minded?
Do you want to meet others with
the same interests? Then come
along on the 15th of any month
and enjoy good company and
great beer at the best boozer
in Leytonstone.

Phone 07747 014 235 for more information.

Choose your own story

Monday 5 March, 7.15-9pm.

Peterhouse Centre,
122 Forest Rise, E17 3PW.
Facing restructuring, redundancy,
unemployment or stuck in a rut?
92 per cent of us are carrying
around unfulfilled dreams.
CYOS offers a personal development
programme which provides a bold
strategy that will equip you to
prepare for the future.

For more information phone Pauline on 07736 600193 or email chooseyourownstory pc@gmail.com.

Waltham Forest NCT Nearly New Sale

Saturday 24 March, 10-11.30am.
Asian Centre, 18a Orford Rd,
Walthamstow, E17 9LN.
Items for sale include used
clothes, maternity clothes, toys
and equipment for babies and
children. Entrance £2 per family.
Refreshments available.
All welcome

Car boot sale

First Saturday each month, 7am-12 noon.

Whipps Cross Hospital staff car park Whipps Cross Hospital League of Friends car boot sales; raising funds for the hospital. Sellers cars £10, vans £14. Free entry for buyers. Phone Mrs. B.Fone on 020 8556 3492 between 5-9om.

Waltham Forest Blind Association

Blind Association
Tuesdays, 1-4pm.
Community Place,
806 Leyton High Road, E10 6AE.
Are you visually impaired?
Have you got sight loss? Are you
looking for support? We are happy
to help you and run a drop-in
centre every Tuesday.
For more information phone
Waltham Forest Blind Association
on 020 8556 0355, email
wfba@hotmail.co.uk or visit
www.wf-ba.co.uk

Women's social group

Last Wednesday of every month, 3-4.30pm.

Rio's Coffee, 292 Hoe Street,
Walthamstow, E17 9QD.
Calling all women who are interested in being a part of a new social group in Waltham Forest. Come along to the meeting and have a say on what you would like the group to do.
For more information please contact Jacqui or Janet on
020 8521 2975 or e-mail janet.
allman@crestwf.org.uk/ jacqui.
spence@crestwf.org.uk

Tell us what's on

Call 020 8496 3000

Culture and crafts

Screen17 Cinema Film Night

Third Thursday of each month; doors 7.45pm, film 8.30pm.
Orford House, E17 9QR
£8/£6 (concession), buy three for two, five for £25.
Over 18s only due to bar.
For more information visit
www.screen17.co.uk

Put your money where your mouth is

Saturday 31 March, 8pm-1am.
Ye Olde Rose & Crown Pub,
53-55 Hoe Street, E17 4SA.
A night of 70s and 80s old skool
funk and soul. If your musical
taste includes Teena Marie, Teddy
Pendergrass, Slave, Change and Rick
James, this is the night for you!
£6 in advance, £8 on the door.
For advance tickets and information
visit www.jeromelanderson.com
or phone 07931 507760.

The Woodhouse Players present 'Bed' and 'True FM'

Friday 9 March and
Friday 16 March, 8pm.
Sat 10 March and Saturday
17 March, 2.30pm and 8pm.
Welsh Church Hall, 879 High Road
Leytonstone, E11 1HR.
The Woodhouse Players present
a double bill of contrasting plays
on a nocturnal theme: 'Bed' by
Jim Cartwright and 'True FM'
by Andy Harker. Tickets £8,
concessions £5.
Book online www.woodhouse

players.co.uk (no extra charge for online booking) or phone 020 8504 3872.

Ukulele classes for adults

Wednesdays and Saturdays. The Quaker meeting House, 1a Jewel Road, E17 4QU. Ukulele classes for adults. £8 per session.

For further information phone Dick Smith on 07903 419 691. email dickbanjosmith@gmail.com or visit www.baniosmith.co.uk



Forest Writers Group

Second and fourth Thursday of every month, 8-10pm.

Quaker Meeting House, 1a Jewel Road, Walthamstow, E17 4QU. Forest Writers is a creative writing group and is looking for new members who are actively writing and would like to meet other like minded people. The group provides an opportunity to meet in a relaxed and friendly environment. Members take turns to critique work in a constructive and supportive way. There is a small annual subscription for members and a nominal fee for room hire that you pay on the night.

For more information contact Sarah at SarahJoseph92@ hotmail.com or phone 07870 270844.

Mythology in London

Saturday 17 to Saturday 31 March; open Thursday-Saturday, 12-7pm. Tokarska Gallery, 163 Forest Rd., Walthamstow, London F17 6HF. Exhibition of etchings by Walthamstow-based Fine Art Printmaker Anna Alcock Phone 07753686331, email

anna@annaalcock.com or visit www.annaalcock.com.

Etching workshop

Saturday 17 March, 4-7pm. Tokarska Gallery, 163 Forest Rd. Walthamstow, London E17 6HE. You will learn the basics of etching and get to take your print and plate home with you. Booking essential, £20 per participant, all materials included.

Visit www.inky-cuttlefish.co.uk, email anna@inkv-cuttlefish.co.uk or phone 07753 686331.

E17 Jazz

Wednesday 14 March, 8.30-11pm. Walthamstow Cricket Club, 48a Greenway Avenue, E17 3QN. Andy Button Quartet featuring Andy Woolf on Tenor Sax, Andy Button on Guitar, Dave Manington on Double Bass and Jon Ormaston on drums. Entry £5.

For more information visit www.e17jazz.com/whatson/

Love to sing?

Wednesdays, 7-9.30pm.

Singing Classes in Walthamstow for beginners and experienced singers. People will be taught basic vocal and breathing techniques, as well as how to perform and interpret a song. Experienced singers will be able to brush up on their technique and work on repertoire. The small classes are instructive, yet relaxed and good fun. The only prerequisite is a love of singing.

Please phone Felicite Brown on 020 8923 1854 for more info.

London **Forest Choir**

Saturday 17 March, 7.30pm. Church of St Michael and All Angels Palmerston Road, E17 6PQ.

A programme of English music with Gavin Roberts and Mark Williams. Tickets £10, concessions £8, students £5 available online at www.londonforestchoir.org from

the ticket secretary on 020 8531 4837 or on the door.

E17 Designers Mothers' Day Special

Saturday 17 March, 1-4.30pm. The Mill, 7-11 Coppermill Lane, F17 7HA

A mini-market for one day to encourage you to shop locally and from your community. Handmade arts and crafts, ranging from bags and purses to prints and jewellery. Free entry, but raffle tickets for an E17 Designers Goody Bag (or two) will be sold in advance and on the day, with proceeds going to the upkeep of The Mill. E17 Designers is a community group of artists, designers and makers exhibiting and selling their work at events in and around Waltham Forest.

For more information phone 07904 546294 or visit www.e17designers.co.uk.

Guffaw Comedy Club

Wednesday 14 March, doors 8.30pm show at 9pm.

Ye Olde Rose and Crown Theatre Pub Hoe Street Walthamstow In honour of International Women's Day on 6 March, Guffaw is having some of the finest female comics

on the circuit come to Walthamstow, including the legendary Hattie Hayridge, world famous as 'Holly' from the hit sit-com 'Red Dwarf'. the sublime Mary Bourke, the hilarious Pam Ford and the subtle brilliance of Dimple Pau. As usual, the evening is held up by the irrepressible Susan Murray.

Tickets are £10 and can be bought now from www.wegottickets.com/ GuffawComedyClub, or from Alaric on 07971712019. They can also be bought on the door on the night.

Craft Fair

Saturday 31 March, 12-4pm. Chingford British Legion Club Back Hall, Hall Lane, Chingford E4 8HW. Sellers £5 in advance or £7 on the day for a table (set up from 11am). Buyers 20p entrance fee. Refreshments available. Proceeds to the Chingford Poppy Appeal. For more information phone Fmma on 07958 479305.

Witch Hunt Exhibition

Wednesdays to Sundays until 25 March, 10am-5pm. Vestry House Museum, Vestry Road, Walthamstow. A new exhibition comes to Vestry House Museum exploring the East Anglian witch-hunt of 1645-47. For more information visit www.facebook.com/ events/284768744908263.



Tell us what's on walthamforestnews@ walthamforest.gov.uk

Children and young people

Kids Kitchen

Friday 9 March, 10am-12 noon. The Hornbeam, 458 Hoe Street. London E17 9AH. A brand new cooking activity session for under 5s at the Hornbeam. Come and cook a fun, healthy, local lunch with us and explore and enjoy food with your children. £6 includes lunch for your child (£4 concession) Booking essential

Email kids@rebeccatully.co.uk.

Junior volleyball training

Every Friday, 4.30-6.30pm. Leyton Sixth Form College. For all young people of varying abilities (beginners, intermediate etc). £1 per session. For more information visit www. walthamforestvolleyball.co.uk

Screen17 **Cinema Junior** Film Club

First and third Saturday of each month; doors 10.30am, craft until 11am, film 11am. Orford House, E17 9QR £5.50 per child including craft (under 2s free). £4 accompanying adult

For more information visit www.screen17.co.uk

Let's Have Fun **Learning English**

Saturdays, 2.15-4pm. Leyton Youth Centre, High Road, E10 6RJ. Parents and children (0-8 years) can enjoy speaking English in a fun way - with games, arts and crafts and messy play. Phone Riverley Children's Centre on 020 8539 4535.

Bongalong

Days and times vary.

Music, movement, instruments and make believe for children under 5 and their carers. Term time only, booking essential

For more details phone Fiona 07811 460 282, email fiona. bongalong@gmail.com or visit www.bongalong.co.uk

Youth Badminton (Try A Sport)

Every Friday, 6.30-8pm.

Leyton Sixth Form College Sports Hall Free training sessions for under 25s with a qualified coach.

Phone Leyton Sixth Form Sports Centre on 020 8928 9130 or 020 8928 9202.

Children and Young People's Directory

Compiled by the Council's Family Information Service (FIS), the directory gives free, impartial advice on childcare, general information on a wide range of services for children, young people and families and lists leisure and recreation activities of all kinds. For more information visit http://csd.walthamforest.gov.uk

Children's Art Workshops

Saturdays, 9.30-11am. Inky Cuttlefish Studios 5 Blackhorse Lane, E17 6DS. Great opportunity for 5 to 11 year olds to get creative and have fun. Professional Artists lead the sessions (all are CRB checked). Perfect for all abilities. £2 per session. All materials included.

Visit www.inky-cuttlefish.co.uk, email anna@inky-cuttlefish.co.uk or phone 07753 686331.

Tell us what's on

Call 020 8496 3000

Community **Ward Forums**

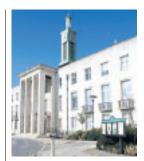
Hoe Street

Monday 19 March, time TBC St Stephen's C of E Church, 1a Copeland Road, E17 9DB First joint meeting with Ward Panel. Hearing loop available.

Levtonstone

Tuesday 21 March, 7-9pm St John's Church Hall, 825 High Road Leytonstone, E11 1HH

For more information on **Community Ward Forums visit** www.walthamforest.gov.uk/ community-ward-forums



Tell us what's on

walthamforestnews@ walthamforest.gov.uk

Council Meetings

Tuesday 6 March

Pension Fund Committee Planning Committee

Wednesday 7 March

Environment Scrutiny Committee

Wednesday 14 March

LSP Housing Thematic Partnership, 1.30pm Children and Young People Scrutiny Committee

Thursday 15 March

Overview and Scrutiny Management Committee

Friday 16 March

LSP SafetyNet Executive, 10am

All meetings are held at Waltham Forest Town Hall and start at 7.30pm unless stated otherwise.



Advertising

WEDNESDAY 14 MARCH

Most smokers want to quit.

If this sounds like you, visit your local NHS Stop Smoking Service. You are four times more likely to guit with free NHS support. We will be at:

- 8 March 11am-2pm: Whipps Cross Hospital canteen
- 14 March 10am-5pm: Walthamstow Shopping Mall Selborne Walk
- 15 March 2pm-7pm: Leytonstone Tube station

If now isn't the right time for you to quit, you can visit your local stop smoking service, pharmacist or GP when the time is right.



For free support when quitting phone Waltham Forest Stop Smoking Service on 020 8276 7158.



This free service is provided by the North East London NHS Foundation Trust.



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† Time as quoted on providers website.

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www.repton-isha.co.uk

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Community

Leytonstone



Urussa Khan presents a cheque for £831.45 to Great Ormond Street Hospital

Community that cares

- Leytonstone teenager raises money for Great Ormond Street Hospital
- Urussa Khan makes £850 donation to cleft lip and palate service

We all know that times are hard at the moment, and for many people money is tight, but happily generosity for good causes and of spirit still thrives in Waltham Forest. One Leytonstone teenager has raised a significant amount for charity thanks to the help of her friends, neighbours and local businesses.

Connaught School for Girls student Urussa Khan, 14, recently raised almost £850 for Great Ormond Street Hospital for Children. Urussa decided that she wanted to raise money for the hospital's cleft lip and palate service as she herself was treated for the condition at the hospital as a young child.

Urussa told Waltham Forest News: "I was born in Tanzania in East Africa with a cleft palate. I came to England to have surgery at Great Ormond Street when I was very young, and the care they gave me was amazing. I wanted to give something back to the hospital."

Cleft lip and palate are birth defects that happen while a baby is developing in the uterus. During the sixth to tenth week of pregnancy, the bones and tissues of a baby's upper jaw, nose, and mouth normally come together (fuse) to form the roof of the mouth and the upper lip. If the tissue in the developing mouth and the palate don't fuse together a baby could be born with a cleft lip or cleft palate or both. Cleft simply means 'split' or 'separation'. The type and severity of the cleft can vary and it is not known what causes the condition.

Urussa was inspired to raise money for the hospital after her aunt held a charity beauty evening in aid of cleft lip and palate charities.

"My aunty held a 'glitz and glamour' evening and it made me think that I could do something to help out as well, said Urussa.

"I decided I also wanted to raise money to show how much I care for other kids who are born with a cleft palate."

The fundraising began with events at Urussa's school (Connaught School for Girls) with a sponsored non uniform day when pupils and teachers alike gave generously.

Before Christmas the school's carol singers and Urussa performed festive songs under the Christmas tree in Trafalger Square, taking donations from members of the public. And neighbours, local businesses and families also did their bits for Urussa's fundraising efforts by making donations to her appeal.

She presented a cheque

for £831.45 to Great Ormond Street Hospital last month, with the hospital congratulating her for her hard work.

Urussa said: "I would like to thank everyone who helped me raise such a large amount of money. I also want to thank my school and other pupils for supporting me, I really appreciate their help."

"Although being born with a cleft palate is rare it doesn't mean you're different or special, as I think we're all special."

More info

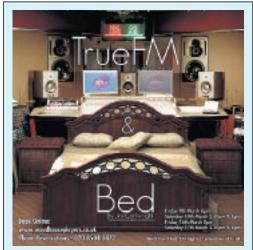
To make a donation to Great Ormond Street Hospital visit www.gosh.org/donate. If you want help or advice the Cleft Lip and Palate Association (CLAPA) can help; visit www.clapa.com. Free internet access is available at all libraries in the borough.

In brief

Leytonstone Green Drinks

Leytonstone residents who are 'green' and eco-minded and want to meet people with similar interests are invited to come along to the next Leytonstone Green Drinks on Thursday 15 March. Starting at 8pm at The Old Red Lion (640 High Road, Leytonstone, E11 3AA) the drinks are the perfect way to meet like-minded people and enjoy good company over a drink or two. So why not take the opportunity to talk about environmental matters in your neighbourhood? Green Drinks happen on the 15th day of every month.

• For more information phone 07747 014235.



Woodhouse Players' double bill

Celebrated local thespians The Woodhouse Players will present a double bill of plays with a nocturnal theme this month. The group give their take on 'Bed' by Jim Cartwright and 'True FM' by Andy Harker. Performances start at 8pm on Friday 9 March and Friday 16 March and at 2.30pm and 8pm on Saturday 10 and Saturday 17 March. The shows take place at The Welsh Church Hall (879 High Road Leytonstone, E11 1HR). Tickets are available priced £8 or £5 for concessions.

• Book online at www.woodhouseplayers.co.uk or phone 020 8504 3872

Try papercrafting

If you want to try your hand at cardmaking and other papercrafts then Leytonstone's Happy Accident Studios papercrafting classes are sure to be just what you're looking for. A beginners and intermediate paper craft class will take place at Leytonstone Social Club (603 High Road Leytonstone, E11 4PA) on Thursday 8 March from 7.30pm. The class is priced £7.50 per person and booking is essential. If you can't make it along then Happy Accident also offers a range of other classes and you can even book a craft party at home with your friends.

• For more information call or text Sy on 07710 507224 or visit www.happyaccidentstudios.co.uk.

Services











£25,000 is to be spent jet washing gum from pavements. Special chewing gum and cigarette boxes in the borough mean there is no excuse to litter

Budget making a clean sweep

• Keeping streets clean remains a key area of investment for the Council

• Extra money found for jet washing and clearing pavements of gum

Keeping the streets of Waltham Forest clean and looking their best is a major priority for the Council, and one that has seen significant investment in recent years.

Money for additional street cleaning and other environmental work has been found both in this year's Council budget and also from the Olympic Delivery Authority (ODA) to help keep the borough clean and tidy throughout the London 2012 Olympic and Paralympic Games and beyond.

Over £25,000 extra has been allocated in this year's Council budget to jet wash pavements in the borough's town centres to get rid of stubborn chewing gum and brighten up footways by removing grime and stains.

Chewing gum that is stuck to pavements is incredibly difficult to remove, requiring the use of a purpose built machine and trained operators to get rid of the sticky menace.

Jet washing steams and blasts gum off pavements – and gets rid of an eyesore that brings the look and feel of an area down.

To help stop the blight of chewing gum-strewn pavements the Council has installed fifty special bins to help residents dispose of their gum and cigarette butts in a clean and hygienic manner.

The chewing gum and cigarette butt bins were

partly paid for by Kier Street Services as part of the 'Wiping out enviro-crime' campaign, in an attempt to reduce the amount of chewing gum and cigarette butts dropped on the borough's streets. The bins are attached to lampposts staff for the five weeks of the London 2012 Olympic and Paralympic Games.

Staff will work between 6am and 10pm seven days a week on the borough's busiest streets and in parks and open spaces to make sure Waltham Forest is kept

"Our street cleaning is already of a high standard but we want to go this extra mile for residents."

which makes it easy to dispose of your gum once you're done with it. So there's no excuse not to get rid of your cigarettes and gum in a responsible fashion.

Funding of over half a million pounds from the ODA will also allow the Council to hire an extra 91 cleaning

clean and tidy.

This is on top of last year's budget funding when an extra £500,000 was invested in street sweeping.

Waltham Forest Council increased the frequency of its street sweeping in key areas and introduced ten weekend community cleaners known as the 'Enviro-Crime Clean Team' at weekends to tackle littering in areas which were previously only cleaned on weekdays.

Cllr Clyde Loakes told Waltham Forest News: "People told us that one of their top priorities is clean streets. We have invested money to achieve our aim of making Waltham Forest one of the cleanest boroughs in London.

"Our street cleaning is already of a high standard but we want to go this extra mile for residents and show them that we value our borough and want it to look good for everyone who lives here and everyone who visits.

"We hope that by keeping the borough clean, we will encourage people to take pride in their surroundings and discourage the thoughtless, irresponsible minority from littering, fly-tipping and generally dumping their rubbish wherever they think it is convenient."

The Council has continued to fund the clean team in this year's budget as the results have been so impressive.

More info

For more information on what the Council is doing to keep the borough clean visit www.walthamforest.gov. uk/wipeitout. Free internet access is available at all libraries in the borough.

Advertising





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Do you look after someone else's child, or know someone who does?

info@waltham.ac.uk

www.waltham.ac.uk

If you do, please contact the Children and Families Service. A private foster carer is anyone who cares for a child or young person:

- who is under 16 or 18 if they have a disability
- for 28 days or more; and

Forest Road, Walthamstow London E17 4JB

 is not their step-parent, grand-parent, brother, sister, uncle or aunt

The law requires us to assess such an arrangement and provide support.

For more information call **020 8496 3000** or visit **www.walthamforest.gov.uk/private-fostering**



Tender for the Provision of Gang Prevention – Specialist Services

The London Borough of Waltham Forest seeks expressions of interest from suitably experienced and capable service providers to supply a number of services including:

- Specialist outreach for young people at risk of gangs or serious youth violence including parenting support and supporting victims projects
- Specialist providers of interventions for young women (and young men) in gangs linked to sexual exploitation
- Specialist providers in high level conflict resolution and mediation
- Experienced providers of Prison in Reach
- Community and voluntary sector capacity building working with gangs
- Community and voluntary sector development of community resilience and governance
- Clinical supervision for staff
- Trauma support for young children

The tender process will facilitate the establishment of a framework agreement, consisting of the above lots, where providers will be selected to deliver specific projects as required within the Gang Prevention Programme.

The duration of the agreement is for a period of two years

The total value of funding available under this Framework is £750,000 which will be allocated over the 2 year period to specific project initiatives as required.

All requests for tender documents can be made by registering on the London tenders portal at: https://www.londontenders.org/portal/CMS.nsf/vHomePage/fSection?Open

Requests for expressions of interest will be available from the 5th March 2012. The closing date for receipt of expressions of interest with all relevant documentation is 23rd March 2012.



Services









From top left: Health professionals and care users at the Council's personalisation roadshow, Cllr Angie Bean speaking about services for vulnerable adults, maintaining independence and keeping health professionals up to date

Services for vulnerable adults

- Council offers help and advice to vulnerable people in many different ways
- Changes include modernising services and explaining how the 'personalisation' agenda works

Making sure vulnerable adults and older people are safe and get the help they need to go about their day-to-day lives is an issue the Council takes extremely seriously.

From one-to-one advice and help to ensuring healthcare professionals and voluntary sector workers are clued-up when it comes to changes, the Council is hard at work trying to improve life for its older residents.

As you will have read in the first few pages of this edition of Waltham Forest News, the Council is prioritising spending on the services residents rely on most.

A key focus when it comes to looking after vulnerable people is to support their independence and prevent them falling into ill health and needing expensive long-term care.

Winter health help

While it seems like we're in for a rather mild spring, early

February's unexpected cold snap served as a reminder that the country's weather can be fickle and change almost instantaneously.

A successful bid to the Department of Health brought in £44,000 for the Council to team up with the voluntary sector to prevent ill health throughout the winter months. One of the ways in which this money was spent was on Age UK Waltham Forest drop-in sessions, which offered senior residents help and information on how to keep well and warm during the winter months. The most recent of these, held on 15 February at the Greenway Cricket Club in Wood Street, saw more than 50 residents pop in for advice, a chat and an assortment of handy freebies like ice grippers, slippers and warm clothing.

Preventing ill health is vital as it allows people to maintain their independence by staving in their own homes, rather than needing residential or hospital care. This in turn saves money to spend on those with the greatest care needs.

One major concern for many older residents is the high price of keeping their home warm, and this is something that the Council and its partners are keen to address.

Personalisation

A key theme both nationally and locally has been the move towards 'personalisation' of services for adults and older people. This means giving people more control over the care and services they receive, ensuring they have the freedom to choose the support they want.

The key change for local people was the introduction of individual budgets, where people are given budgets in order for them to decide how they want their care and support needs to be met.

This move also means

changes for healthcare professionals and those working in the voluntary sector. The Council has been doing its best to ensure that those working to ensure the safety, well-being and happiness of older residents have all the information they need to do their jobs properly.

As such a series of personalisation roadshows have been held, with the next being at Chingford Assembly Hall (Station Road, E4 7EN) on Thursday 15 March from 9.30am-1.30pm. Attendees will be able to find out about issues like mental health, dementia support, reablement, telecare and leisure opportunities. The roadshows are open to residents and workers.

Budget decisions: making every penny count

As with every area of the Council's business, the Adults and Older People directorate has had to find savings and become more efficient.

One example of this was the decision to cut out the middlemen when it comes to buying aids and equipment for elderly or disabled residents. By going direct to the supplier we will be able to buy life-changing equipment for local people while reducing costs for the taxpayer.

Maintaining independence

While some residents rely on the Council to provide them with comprehensive care. others may just need some time and help to get back to being their independent selves. The Council's Reablement Support Team work with local health practitioners to help older residents who might have had an illness or an injury and need temporary support in their day-to-day lives. Offering therapy and practical help, the Reablement Support Team aims to help residents regain confidence and independence at a pace that suits them.

More info

For advice on paying your energy bill phone Age UK Waltham Forest on **020 8558 8716** or HEET on **020 8520 1900**.

For more details on personalisation phone Lorraine Cummings on **020 8496 3000**.

To find out more about how the Council supports vulnerable adults and older people, visit www.walthamforest. gov.uk/ adults-and-older-people.

If you need help to stay living at home or if you are concerned about the wellbeing of an older friend, relative or neighbour contact the Adult Safeguarding Team on **020 8496 3000**.

www.walthamforest.gov.uk

Public Notices

Planning

LONDON BOROUGH OF WALTHAM FOREST PLANNING (LISTED BUILDINGS AND CONSERVATION AREAS) ACT 1990 - SECTION 67

NOTICE IS HEREBY GIVEN that the following application for a building within a Conservation Area has been made to this Authority.

APPL.NO 2012/0260/CAC

APPLICANT The Governors of Forest School

ADDRESS Forest School, College Place, Walthamstow London E17 3PY

PROPOSAL An application for conservation area consent- Demolition of existing "Manor" Building (Adjacent to cricket Pavilion) and erection of part two, part three storey school building and two storey extension to east side of prep school building.

APPL.NO 2012/0243
APPLICANT Mrs Jill Truman

ADDRESS 30 Eden Road, Walthamstow, London E17
PROPOSAL Single storey rear extension and replacement of windows and roof tiles.

LONDON BOROUGH OF WALTHAM FOREST TOWN & COUNTRY PLANNING (DEVELOPMENT MANAGEMENT PROCEDURE) (ENGLAND) ORDER 2010 - NOTICE UNDER ARTICLE 13

NOTICE IS HEREBY GIVEN that the following application for planning permission has been made to the Council for which additional publicity is required.

APPL.NO 2012/0258

APPLICANT The Governors of Forest School **ADDRESS** Forest School, College Place, Walthamstow, London E17 3PY

PROPOSAL Demolition of existing "Manor" Building (Adjacent to cricket Pavilion) and erection of part two, part three storey school building and two storey extension to east side of prep school building.

APPLINO 2012/0230

APPLICANT Mr J Webb

ADDRESS Thorpe Coombe Hospital, 714 Forest Road

Walthamstow, London E17 3HP

 $\label{eq:proposal} \textbf{PROPOSAL} \ \text{Retention of Portacabin Building}$

APPL.NO 2012/0261
APPLICANT Mr L Snellin

ADDRESS 32 Browning Road, Leytonstone

London E11 3AR

PROPOSAL Erection of boundary fence (Retention).

The application is open to inspection by the Public at the offices of the Development Management, Sycamore House, Town Hall Complex, Forest Road, London E17 4. J.Febtween the hours of 9.00a.m. - 5.00p.m. Monday to Friday. Any representations relating to the application should be made in writing to the Planning Division within 21 days of the date of this Notice.

Dated this day, 5 March 2012
David Scourfield – Head of development
management. On Behalf of London Borough
of Waltham Forest

Press Statement

PRESS STATEMENT 65 FILLEBROOK ROAD, LEYTONSTONE, LONDON E11 4AU

Mrs Khatija Kara has appealed against the London Borough of Waltham Forest's decision to refuse the grant of a Certificate of Lawful Existing Use for the property at 65 Fillebrook Road, Leytonstone, as 2 self-contained flats for a period of more than 4 years.

An Inquiry is to be held on Wednesday 11th April 2012 at 10.00am at the Town Hall, Forest Road, Walthamstow, London E17 4JF.

An independent Planning Inspector appointed by the Secretary of State for Communities and Local Government will chair the inquiry and decide the appeal.

Members of the public may attend the inquiry and, at the Inspector's discretion, express their views or send in written comments to the Planning Inspectorate at the address below quoting the reference: APP/U5930/X/11/2163856.

Contact point at the Planning Inspectorate: Mr Kevin Carpenter, Temple Quay House, 2 The Square, Temple Quay, Bristol, BS1 6PN. Tel: 0117-372 6344.

If members of the public wish to discuss the case with an officer of the Council, they should contact Sonia Malcolm on 020 8496 6708.

Statutory Notice

STATUTORY NOTICE

An Enlargement of the premises of a school Proposal to expand Hillyfield Primary Academy by Three Forms of Entry

Notice is given in accordance with section 19(3) of the Education and Inspections Act 2006 that the Governing Body of Hillyfield Primary Academy intends to make a prescribed alteration to Hillyfield Primary Academy (Academy school), Higham Hill Road, Walthamstow, London E17 6ED from 01 September 2012.

The proposal for Hillyfield Primary Academy is to enlarge the school to increase the physical capacity by three forms of entry

The current capacity of the school is 630 and the proposed capacity will be 1260. The current number of pupils registered at the school is 655. The current admission number for the school is 90 and the proposed admission number will be 180.

The expansion will be enabled with the use of the previous school site located at Aveling Park, E17.

This Notice is an extract from the complete proposal. Copies of the complete proposal can be obtained from the consultation co-ordinator:

Rhona Long, Pupil Place Planning Manager School Organisation, Partnership and Development PO Box 416, Silver Birch House Uplands Business Park, Blackhorse Lane Walthamstow, E17 5SD

Web: www.walthamforest.gov.uk/hillyfield Email: Rhona.Long@walthamforest.gov.uk Tel: 020 8496 3538

Within four weeks from the date of publication of these proposals, any person may object to or make comments on the proposal by sending them to the consultation co-ordinator:

Rhona Long, Pupil Place Planning Manager School Organisation, Partnership and Development PO Box 416, Silver Birch House, Uplands Business Park, Blackhorse Lane Walthamstow, E17 5SD.

Signed: Roger Pryce Chair of Governors, Hillyfield Primary Academy Publication Date: 5 March 2012

xplanatory Notes:

 It is anticipated that some degree of building works to facilitate the proposal will be carried out to the Aveling Park school site and building.

STATUTORY NOTICE

An Enlargement of the premises of a school Proposal to expand St Mary's CofE VA Primary School by Two Forms of Entry

Notice is given in accordance with section 19(3) of the Education and Inspections Act 2006 that the Governing Body of St. Mary's CofE-VA Primary School intends to make a prescribed alteration to St Many's CofE-VA Primary School (Voluntary Aided) The Drive Walthamstow London E17 3BN from 01 September 2012.

The proposal for St Mary's CofE VA Primary School is to enlarge the school to increase the physical capacity by two forms of entry.

The current capacity of the school is 210 and the proposed capacity will be 630. The current number of pupils registered at the school is 289. The current admission number for the school is 30 and the proposed admission number will be 90.

The expansion will be enabled with the use of the previous school site located at Brook Road.

This Notice is an extract from the complete proposal. Copies of the complete proposal can be obtained from:

Rhona Long, Pupil Place Planning Manager School Organisation, Partnership and Development PO Box 416, Silver Birch House Unlands Rusiness Park, Blackhorse Lane

Uplands Business Park, Blackhorse Lane Walthamstow, E17 5SD

Web: www.walthamforest.gov.uk/stmarys Email: Rhona.Long@walthamforest.gov.uk Tel: 020 8496 3538

Within four weeks from the date of publication of these proposals, any person may object to or make comments on the proposal by sending them to:

Rhona Long, Pupil Place Planning Manager School Organisation, Partnership and Development PO Box 416, Silver Birch House, Uplands Business Park, Blackhorse Lane Walthamstow. E17 5SD.

Signed: Debbie Bernard Chair of Governors, St Mary's CofE VA Primary School Publication Date: 5 March 2012

Explanatory Notes:

It is anticipated that some degree of building works to facilitate the proposal will be carried out to the school site and building.

STATUTORY NOTICE

Proposals to enlarge premises of community primary schools

Notice is given in accordance with section 19(1) of the Education and Inspections Act 2006 that London Borough Waltham Forest intends to make a prescribed alteration from 1 September 2012 to:

Davies Lane Primary School (community school) Davies Lane, London E11 3DR

Mission Grove Primary School (community school), Buxton Road, London E17 7EJ

Newport Primary School (community school), Newport Road, London E10 6PJ

The Winns Primary School (community school), Fleeming Road, London E17 5ET

The Woodside School (community school)
Wood Street, F17 3 JX

The proposals for these schools are to expand the schools to increase the physical capacity by between one and two forms of entry each

- (i) Amount to be expanded by
- (ii) Current capacity
- (iii) Proposed capacity
- (iv) Current number of pupils registered
- (v) Current admission number
- (vi) Proposed admission number

Davies Lane Primary School

(i) Two forms of entry (ii) 420 (iii) 840 (iv) 449 (v) 60 (vi) 120

Mission Grove Primary School

(i) Two forms of entry (ii) 420 (iii) 840 (iv) 474 (v) 60 (vi) 120

Newport Primary School

(i) One form of entry (ii) 630 (iii) 840 (iv) 634 (v) 90 (vi) 120

The Winns Primary School

(i) One form of entry (ii) 630 (iii) 840 (iv) 727 (v) 90 (vi) 120

The Woodside School

(i) Two forms of entry (ii) 840 (iii) 1260 (iv) 851 (v) 120 (vi) 180

The proposals for each school are not related.

This Notice is an extract from the complete proposal. Copies of the complete proposal can be obtained from:

Rhona Long, Pupil Place Planning Manager School Organisation, Partnership and Development PO Box 416, Silver Birch House, Uplands Business Park, Blackhorse Lane, Walthamstow, E17 5SD

Email: Rhona.Long@walthamforest.gov.uk

Tel: 020 8496 3538

Web: www.walthamforest.gov.uk/davieslane; www.walthamforest.gov.uk/missiongrove; www.walthamforest.gov.uk/newport; www.walthamforest.gov.uk/winns; www.walthamforest.gov.uk/woodside

Within four weeks from the date of publication of these proposals, any person may object to or make comments on the proposal by sending them to:

Rhona Long, Pupil Place Planning Manager School Organisation, Partnership and Development PO Box 416, Silver Birch House, Uplands Business Park, Blackhorse Lane Walthamstow, E17 5SD.

Signed: Alan Adams Interim Director, Children and Young People Services Publication Date: 5 March 2012

Explanatory Notes:

- 1. It is anticipated that some degree of building works to facilitate the proposal will be carried out to the school sites and building.
- The expansion at Davies Lane Primary School will be enabled with partial use of the Pastures site, located in Davies Lane.
- The expansion at Mission Grove Primary School will be enabled with the use of the previous school site located at Edinburgh Road, and the Council owned building at 8 Buxton Road.
- 4. The expansion at The Woodside School will be enabled with the use of the previous school site located at Barrett Road, E17.
- 5. The expansions at The Winns Primary School and Newport Primary School will be enabled within the existing school sites.

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Show starts 6.30pm



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www.walthamforestbig6.co.uk 020 8496 3000



